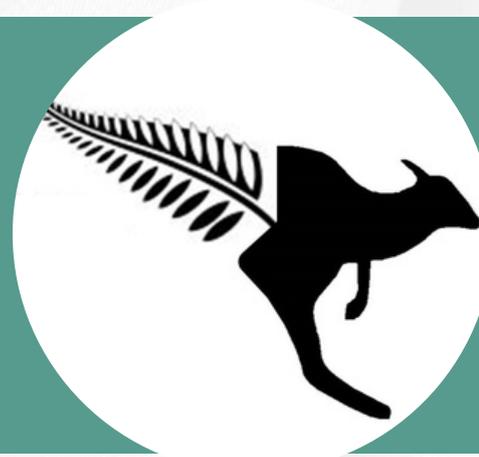


# ANZSB EARLY-MID-CAREER RESEARCH RETREAT

Blue Mountains, Sydney, NSW

November 24-26th, 2023



## OBJECTIVES

The Early-Mid-Career Researcher (EMCR) retreat aims to bring together EMCR's within the ANZSB to strengthen relationships, provide peer-support, share resources and build research collaborations. Across two days in the Blue Mountains, NSW, attendees will engage in peer led research and teaching workshops in an informal setting. There will be lots of opportunity to ask questions and get to know other EMCRs. We welcome all ANZSB members who identify as early or mid career researchers to attend this years retreat (please note this does not include PhD students).

## WORKSHOPS

Two research workshops will be held on the Saturday and one teaching workshop will be held on the Sunday. All workshops will be 3 hours in duration. A description of each workshop is provided below:

### • Research Workshop 1

The first research workshop will focus on identifying potential research project clusters. There will be a focus on supporting EMCRs from smaller universities to drive projects in collaboration with other researchers. The session will involve brainstorming in small groups (supported by MCRs who will take on a mentoring role) to identify a project idea and proposed collaborators – including those outside the field to build multidisciplinary teams.

### • Research Workshop 2

The second session will focus on up to three of the following: (i) Stepping-Stone Grants in Biomechanics, (ii) Attracting HDR Students, (iii) Initiating Industry Partnerships, (iv) Impact/planning for impact, (iv) Publishing for a general audience, (v) Attracting media attention, (vi) Planning for commercialisation or (vii) integration of consumer into research. The topics will be selected based on expertise of attendees who will be invited to deliver this workshop.

### • Teaching Workshop

The teaching workshop will centre upon sharing innovative biomechanics teaching approaches and assessment including, software and technology for biomechanics teaching, strategies to minimise mathematics anxiety in biomechanics students and strategies to use undergraduate teaching to facilitate HDR student pipeline.

## COSTS

A large house will be rented for the weekend, so accommodation will be shared (everyone will have their own bed but will share a room with others) and is expected to be between \$150-250 per person for two nights (depending on numbers). Catering costs are anticipated to be ~\$70 per person. Each attendee will organise their own transport - the Blue Mountains is 1.5 hours by train from Sydney airport and we will do our best to facilitate car pooling where possible.

## AT A GLANCE

### FRIDAY 24TH NOV

- Welcome Dinner 7pm

### SATURDAY 25TH NOV

- Hike 7am
- Research Workshop 1 (10-1pm)
- Lunch (1-2pm)
- Research Workshop 2 (2-5pm)
- Drinks and Dinner

### SUNDAY 26TH NOV

- Teaching Workshop 1 (9-12pm)
- Lunch and departure

## JOIN US!

To confirm your attendance at the 2023 ANZSB EMCRC retreat please email Celeste Coltman (ANZSB EMCRC Representative) directly [celeste.coltman@canberra.edu.au](mailto:celeste.coltman@canberra.edu.au) by **Friday the 15th of September**.

*Please note that a minimum of 10 attendees will be required for this event to be held.*

**The ANZSB will off-set the costs associated with attending the retreat by \$100 for the first 15 EMCRC who confirm their attendance!**