# Program

### **SUNDAY 30 NOVEMBER 2014**

| 7.30 pm - late                                                                                                        | Student Networking Session / ECR Networking Session / Free Night |  |
|-----------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------|--|
| 6.15 pm - 8.00 pm                                                                                                     | WELCOME RECEPTION (Sponsored by ACES)                            |  |
| 5.30 pm Monitoring and enhancing human performance using 3D printing<br>Prof Gordon Wallace, University of Wollongong |                                                                  |  |
| 5.30 pm - 6.15 pm                                                                                                     | WELCOME KEYNOTE: Chair: Julie Steele                             |  |
| 5.00 pm - 5.30 pm CONFERENCE OPENING CEREMONY (At Innovation Campus                                                   |                                                                  |  |
| 4.00 pm                                                                                                               | REGISTRATION (At Innovation Campus)                              |  |

### **MONDAY 1 DECEMBER 2014**

| 6.00 am             | Run the 'Gong (Social running experience; meet at North Beach Surf Club)                                                                                                 |  |
|---------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|
| 8.00 am             | REGISTRATION (At University of Wollongong)                                                                                                                               |  |
| 9.00 am - 9.55 am   | KEYNOTE: Chair: Julie Steele                                                                                                                                             |  |
| 9.00 am             | Origins and migration of Homo Sapiens within and out of Africa  Dr Zenobia Jacobs, University of Wollongong                                                              |  |
| 10.00 am - 11.00 am | FREE PAPERS 1: Chairs: Melanie Bussey & Aaron Fox                                                                                                                        |  |
| 10.00 am            | A simple, noninvasive, 3D, dynamic method for measuring muscle moment arms using ultra-fast MRI <i>Elizabeth Clarke, University of Sydney</i>                            |  |
| 10.10 am            | Abnormal knee kinematics during step and turn following multiple-ligament knee reconstruction  Corey Scholes, Sydney Orthopaedic Research Institute                      |  |
| 10.20 am            | Effects of neuromuscular exercise on knee joint moments following arthroscopic partia meniscectomy: A randomised controlled trial Michelle Hall, University of Melbourne |  |
| 10.30 am            | Characterisation of a novel, biomechanically relevant model for anterior cruciate ligament injury and joint pathology  Carina Blaker, University of Sydney               |  |
| 10.40 am            | Hop landing biomechanics associated with knee function after anterior cruciate ligament reconstruction  Luke Perraton, University of Melbourne                           |  |
| 10.50 am            | Innominate rotation trends of symptomatic sacroiliac joints during incremental hip abduction and external rotation  Divya Adhia, University of Otago                     |  |
| 11.00 am - 11.30 am | MORNING TEA                                                                                                                                                              |  |

# **MONDAY 1 DECEMBER 2014**

| 2.40 pm  2.50 pm  3.00 pm - 3.30 pm  3.30 pm  3.30 pm  4.30 pm - 6.00 pm | Adrian Lai, University of Melbourne  Recovery strategies utilised in response to forward surface translations  James Day, University of Queensland  AFTERNOON TEA  ANZSB PRESIDENT'S LECTURE: Chair: Andy Creswell  From mechanobiology to intelligent training for musculoskeletal tissues  Rod Barrett, Griffith University  FREE TIME & Travel to Poster & Conference Dinner Venue |
|--------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 2.50 pm<br>3.00 pm - 3.30 pm<br>3.30 pm                                  | Recovery strategies utilised in response to forward surface translations  James Day, University of Queensland  AFTERNOON TEA  ANZSB PRESIDENT'S LECTURE: Chair: Andy Creswell                                                                                                                                                                                                         |
| 2.50 pm<br>3.00 pm - 3.30 pm                                             | Recovery strategies utilised in response to forward surface translations  James Day, University of Queensland  AFTERNOON TEA                                                                                                                                                                                                                                                          |
| 2.50 pm                                                                  | Recovery strategies utilised in response to forward surface translations  James Day, University of Queensland                                                                                                                                                                                                                                                                         |
| 2. <del>4</del> υ μπ                                                     | Aurian Lai, University of Metbourne                                                                                                                                                                                                                                                                                                                                                   |
| 2.40 nm                                                                  | In-vivo behaviour of the soleus muscle in human walking and running                                                                                                                                                                                                                                                                                                                   |
| 2.30 pm                                                                  | Variability of walking motions in healthy elderly as a function of walking speed <i>Haruki Toda, Kobe University</i>                                                                                                                                                                                                                                                                  |
| 2.20 pm                                                                  | Effect of functional electrical stimulation on dynamic foot pressure in hemiplegic cerebral palsy  Anita Mudge, Sydney Children's Hospitals Network                                                                                                                                                                                                                                   |
| 2.10 pm                                                                  | The effect of a feedforward deficit in postural control on movement coordination in pelvic girdle pain  Melanie Bussey, University of Otago                                                                                                                                                                                                                                           |
| 2.00 pm                                                                  | The role of the axial musculature during a standing goaloriented reaching task Alexander Stamenkovic, University of Wollongong                                                                                                                                                                                                                                                        |
| 2.00 pm - 3.00 pm                                                        | FREE PAPERS 3: Chairs: Paul Stapley & Adrienne Hunt                                                                                                                                                                                                                                                                                                                                   |
| 1.00 pm - 2.00 pm                                                        | LUNCH + ANZSB AGM                                                                                                                                                                                                                                                                                                                                                                     |
| 12.45 pm                                                                 | Three-dimensional ultrasound measurement of human gastrocnemius muscle architecture during passive lengthening  Rob Herbert, Neuroscience Research Australia                                                                                                                                                                                                                          |
| 12.35 pm                                                                 | Protection from exercise-induced muscle damage in the absence of changes in medial gastrocnemius fascicle behaviour in humans in vivo  Ben Hoffman, University of Queensland                                                                                                                                                                                                          |
| 12.25 pm                                                                 | Tendon injury: Biomechanical properties and a role for proteoglycans Rachel Choi, University of Sydney                                                                                                                                                                                                                                                                                |
| 12.15 pm                                                                 | The mechanical role of the tibialis posterior muscle and tendon<br>Jayishni Maharaj, University of Queensland                                                                                                                                                                                                                                                                         |
| 12.05 pm                                                                 | Volumetric properties of articular cartilage vary during the progression of osteoarthritis  Dale Robinson, University of Melbourne                                                                                                                                                                                                                                                    |
| 11.55 am                                                                 | Exploration of the biomechanical load bearing mechanism of articular cartilages under dynamic loading  Namal Thibbotuwaw, Queensland University of Technology                                                                                                                                                                                                                         |
| 11.45 am                                                                 | Matrix protein localisation and collagen fibril assembly in chondrocytes after mechanical loading  Judith Bleuel, German Sport University of Cologne                                                                                                                                                                                                                                  |
|                                                                          | Elderly triceps surae exhibits dampened contractile augmentation and force frequency response when activated with double pulse stimulation  Dean Mayfield, University of Queensland                                                                                                                                                                                                   |
| 11.35 am                                                                 |                                                                                                                                                                                                                                                                                                                                                                                       |

# **MONDAY 1 DECEMBER 2014**

| 6.00 pm - 7.30 pm POSTER SESSION, City Beach Function Centre |                                                                                                                                                                      |                                                            |  |  |
|--------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------|--|--|
| POSTER                                                       | TITLE                                                                                                                                                                | PRESENTER                                                  |  |  |
| 1                                                            | Cortical bone's adaptative response to mechanical loading is regulated locally by a unique adaptation law – insights from biomechanics                               | Peter Pivonka,<br>University of Melbourne                  |  |  |
| 2                                                            | Reliability of detecting medial gastrocnemius muscle activity during single-leg-hopping                                                                              | Peter Clothier,<br>University of Western Sydney            |  |  |
| 3                                                            | Variability of spatiotemporal and leg mechanical characteristics during continuous single-leg hopping to exhaustion                                                  | Peter Clothier,<br>University of Western Sydney            |  |  |
| 4                                                            | An anisotropic, viscoelastic model of in vivo facial skin                                                                                                            | Cormac Flynn,<br>Wintec, New Zealand                       |  |  |
| 5                                                            | A comparison of upper limb movement profiles when reaching to virtual and real targets during stance                                                                 | Mitchell Just,<br>University of Wollongong                 |  |  |
| 6                                                            | Association between breast volume and bra size in a cohort of women with large breasts                                                                               | Celeste Coltman,<br>University of Wollongong               |  |  |
| 7                                                            | Selecting asymmetric arm actions for tilt production                                                                                                                 | Joanne Mikl,<br>University of Sydney                       |  |  |
| 8                                                            | From the ground up – a novel way of assessing the neuropathic foot                                                                                                   | Peter Milburn,<br>Griffith University                      |  |  |
| 9                                                            | CEINMS: An OpenSim neuromusculoskeletal toolbox to examine how different neural solutions affect muscle forces and joint moment estimates                            | Claudio Pizzolato,<br>Griffith University                  |  |  |
| 10                                                           | Knee kinematics during treadmill locomotion are associated with T2 relaxation times of articular cartilage single-bundle ACL reconstruction with hamstring autograft | Corey Scholes,<br>Sydney Orthopaedic<br>Research Institute |  |  |
| 11                                                           | Thorax-pelvis separation angle and speed development in the hammer throw                                                                                             | Sara Brice,<br>James Cook University                       |  |  |
| 12                                                           | Electromyographic analysis of the upper extremity in water polo players during water polo shots                                                                      | Mostafa Yaghoubi,<br>Massey University                     |  |  |
| 13                                                           | What is normal? Female lower limb kinematic profiles during athletic tasks used to examine ACL injury risk: A systematic review                                      | Aaron Fox,<br>Deakin University                            |  |  |
| 14                                                           | The effect of vertical stiffness on peak kicking velocity in taekwondo                                                                                               | Laura Hung,<br>University of New South Wales               |  |  |
| 15                                                           | The relationship between shoulder and elbow kinematics in cricket fast bowling                                                                                       | Kane Middleton,<br>University of Wollongong                |  |  |
| 16                                                           | The influence of trunk lateral flexion angle manipulation on wrist speed in cricket fast bowlers                                                                     | Kane Middleton,<br>University of Wollongong                |  |  |
| 17                                                           | Monitoring track cycling start performance using bike acceleration                                                                                                   | Damien O'Meara,<br>NSW Institute of Sport                  |  |  |
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# **MONDAY 1 DECEMBER 2014**

| 6.00 pı | m - 7.30 pm POSTER SESSION, City Beach Function Centre                                                                                               |                                                                 |  |
|---------|------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------|--|
| POSTER  | TITLE                                                                                                                                                | PRESENTER                                                       |  |
| 18      | Activation patterns of leg muscles in trained triathletes are variable in the early period of running after cycling                                  | Joel Walsh,<br>University of Wollongong                         |  |
| 19      | "Square hips" – fact or fiction? Three-dimensional kinematic analysis of battements devant and derriere in classical ballet technique                | Rachel Ward,<br>University of New South Wales                   |  |
| 20      | Footwear effects during a barbell back squat                                                                                                         | Wendy Gilliard,<br>Southern Cross University                    |  |
| 21      | Vibration exercise warm-up for overground sprinting  Noel Lythgo,  RMIT University                                                                   |                                                                 |  |
| 22      | A novel casting technique for transtibial prosthetic socket fit in developing countries                                                              | Noel Lythgo,<br>RMIT University                                 |  |
| 23      | Effect of an innovative arch support device on foot structure and comfort: A pilot investigation                                                     | Lynn Teoh,<br>University of Wollongong                          |  |
| 24      | Additive fabrication platform for biomedical applications typified by foot orthosis                                                                  | Siobhan O'Brien,<br>University of Wollongong                    |  |
| 25      | The effect of low back pain on hip range of motion and gluteus medius function in field hockey players                                               | James Kennedy,<br>University of Otago                           |  |
| 26      | Repeatability of static load bearing exercises during rehabilitation of individuals with transfemoral amputation fitted with osseointegrated implant | Laurent Frossard,<br>Queensland University of Technology        |  |
| 27      | Are lesser toe deformities associated with decreased balance in older adults?                                                                        | Christopher Munn,<br>University of Wollongong                   |  |
| 28      | Age-related changes in paediatric temporal-spatial,<br>kinematic and kinetic data                                                                    | Elizabeth Wojciechowski,<br>Sydney Children's Hospitals Network |  |
| 29      | The effect of age on muscle forces during walking:<br>Implication for sarcopenia                                                                     | Peter Pivonka,<br>University of Melbourne                       |  |
| 7.30 p  | ım - 11.30 pm CONFERENCE DINNER, City Beach Func                                                                                                     | tion Centre                                                     |  |

# **TUESDAY 2 DECEMBER 2014**

| 8.00 am           | REGISTRATION (At University of Wollongong)                                                                            |  |
|-------------------|-----------------------------------------------------------------------------------------------------------------------|--|
| 9.00 am - 9.55 am | KEYNOTE: Chair: Peter Milburn                                                                                         |  |
| 9.00 am           | Achilles tendon anatomy and biomechanics: What does it do? Prof Toni Arndt, Swedish School of Sport & Health Sciences |  |

# **TUESDAY 2 DECEMBER 2014**

| 10.00 am - 11.00 am | FREE PAPERS 4: Chairs: Suzi Edwards & Damien O'Meara                                                                                                                                                               |
|---------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 10.00 am            | The role of the core in athletic performance of an unanticipated agility task  Aaron Austin, Charles Sturt University                                                                                              |
| 10.10 am            | Comparative electromyography analysis of the upper extremity between novice and elite water polo players during an overhead shot  Mostafa Yaghoubi, Massey University                                              |
| 10.20 am            | Lack of change in bowling technique throughout a prolonged bowling spell in junior fast bowlers<br>Andrew Schaefer, Charles Sturt University                                                                       |
| 10.30 am            | Mechanical efficiency of a running-specific energy storage and return prosthesis<br>Stacey Rigney, University of New South Wales                                                                                   |
| 10.40 am            | Mechanics and energetics of cycling at constant power and variable cadence  Scott Brennan, University of Queensland                                                                                                |
| 10.50 am            | New assessment tool for aerial surfing athletes Lina Lundgren, Edith Cowan University                                                                                                                              |
| 11.00 am - 11.30 am | MORNING TEA                                                                                                                                                                                                        |
| 11.35 am - 1.00 pm  | WORK IN PROGRESS: Chairs: Karen Mickle & Glen Lichtwark                                                                                                                                                            |
| 11.30 am            | The effect of visual targeting on neuromechanical characteristics during sporting tasks<br>Daniel Brown, Deakin University                                                                                         |
| 11.35 am            | Feasibility and reliability of three-dimensional ultrasound for determining human tibialis anterior muscle and aponeurosis strains over varying contraction intensities<br>Brent Raiteri, University of Queensland |
| 11.40 am            | The influence of walking speed and heel height on knee joint loading Mitchell Craze, RMIT University                                                                                                               |
| 11.45 am            | The influence of ankle range of motion on lower limb muscle activity when landing an aerial manoeuvre in surfing  James Forsyth, University of Wollongong                                                          |
| 11.50 am            | WORK IN PROGRESS DISCUSSION                                                                                                                                                                                        |
| 12.10 pm            | The validity and reliability of a portable optical motion capture device to measure hand tremor<br>Kent Delbridge, RMIT University                                                                                 |
| 12.15 pm            | Design of a test methodology to measure rugby headgear effectiveness  Joseph Karren, University of Sydney                                                                                                          |
| 12.20 pm            | Validity and reliability of the Microsoft Kinect for Windows V2 for motion analysis  Alessandro Timmi, University of Melbourne                                                                                     |
| 12.25 pm            | Anatomy of the Breast<br>Kathryn Gaskin, University of Wollongong                                                                                                                                                  |
| 12.35 pm            | WORK IN PROGRESS DISCUSSION                                                                                                                                                                                        |
| 1.00 pm - 2.00 pm   | LUNCH                                                                                                                                                                                                              |
| 2.00 pm - 3.00 pm   | PANEL: FUNDING YOUR RESEARCH: Chair: Rob Herbert                                                                                                                                                                   |
| 3.00 pm - 3.30 pm   | AFTERNOON TEA                                                                                                                                                                                                      |
| 3.30 pm – 4.30 pm   | AWARDS & CLOSING CEREMONY                                                                                                                                                                                          |
|                     | Travel from Wollongong or Free Night for Workshop Participants                                                                                                                                                     |